

Annual Review 2019/20

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Our Vision

A thriving and well-resourced voluntary and community sector that meets community needs and provides an excellent experience for all.

Our Mission

We promote, develop and support a vibrant voluntary and community sector to enable local people to shape and influence their communities.



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Andrew Gabbitas Chair of CAVA's Trustee Board

Welcome

It is difficult, in taking a retrospective view of the past year, to ignore the present challenges of the COVID-19 epidemic. A strong link can, however, be made between the then and the now. CAVA, and the sector as a whole in Warwickshire and Solihull, have put down strong and resilient structures over the past few years. That strength and resilience has enabled us to make a significant contribution to maintaining the health and well-being of our citizens and their communities.

Within CAVA we have been reshaping our organisation so that it better meets the needs of our members. Like the sector as a whole we have had to operate in the context of reduced resources. The new structure will enable us to maintain and enhance our services despite those reduced resources.

I hope that in reading the case studies in this annual report you will see some of the positive outcomes for communities and individuals that are generated by CAVA, its members and the huge number of volunteers within the sector. These very human stories illustrate the essence of volunteering and the value it delivers.

It just remains, therefore, for me to thank all our trustees, staff, volunteers, funders and supporters who have helped us and the sector to meet challenges and deliver outcomes.



Volunteering

CAVA aims to ensure that every volunteering experience is of the highest quality and that the skills and energies of volunteers are targeted to make the most difference within local communities across the county.

Every year we help thousands of potential volunteers to find the right role for them, matching their skills with opportunities in voluntary, not-for-profit and public sector organisations, in addition to providing them with practical advice and information.

Helping others may make a world of difference to them, it costs you nothing, but earns you great pride.

- Employer Supported Volunteer



Warwickshire Volunteer Awards 2019



Jade Lambert, winner of the Health and Wellbeing Award

Our first year holding Volunteer Awards across the County to celebrate Volunteers Week proved to be highly successful.

Over 170 nominations were received and 500 people celebrated and thanked their local volunteers at the 4 Awards Evenings for Nuneaton & Bedworth, Rugby, South Warwickshire and North Warwickshire.

The Awards were held in partnership with District and Borough Councils and County.

In total 80 volunteer awards were presented to some amazing volunteers and some powerful stories were shared which highlighted the enormous diversity of volunteering across Warwickshire.

ACHIEVEMENTS

1.422

Potential volunteers registered



1,123

Placed volunteers



£2.8m

Economic value of volunteering

VOLUNTEERING



Case Study: Mary Ann Evans Hospice Volunteer

Ediye* moved to Nuneaton in May 2019 from Nigeria, where she worked as a Learning & Development Training Facilitator. After about two months of unsuccessful job hunting, Ediye decided to look for a place to start volunteering.

While researching online, Ediye discovered CAVA's website, but she did not want to register online without having a better understanding of how the system worked. Ediye called our Nuneaton office and was given an appointment to meet Tina, her local CAVA Volunteer Coordinator. Ediye was formally registered at the office and given the information she needed.

Tina sent over the information for a volunteer needed for the ebay Department at Mary Ann Evans Hospice. Ediye applied for the role, got invited for an interview and was happily given the opportunity to start!

'Working at the Hospice has given me a lot of fulfilment, I am happy I am having an impact, it is a lovely environment and everybody there is pleased with what I am able to do to help the team achieve. My role consists of researching items prior to listing on Ebay, drafting descriptions of items, photography and packing items for dispatch.'

Ediye is now hoping to gain more UK experience and ultimately get a paid job that will still give her some time to volunteer as she really enjoys being part of the community in which she now lives.

'A big thank you to Tina at CAVA for all your help, in sorting me out a Volunteer Placement!'

Solihull Infrastructure

In April 2019, after a successful tender, CAVA began to deliver the Voluntary, Community and Social Enterprise Sector (VCSE) infrastructure contract for Solihull Metropolitan Borough Council (SMBC).

The initial months included developing relationships with voluntary and community sector organisations, setting up an office in The Core - Solihull's flagship community building, promoting CAVA services through locality events and building networks within the voluntary and community sector and across sectors.

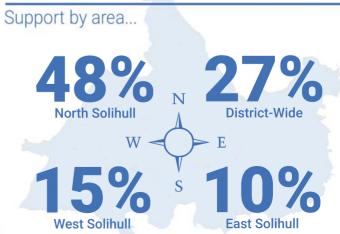
Increased Knowledge

A regular Solihull ebulletin has been produced increasing information on funding, volunteering and jobs.

The following training events took place: Introduction to Group Structures, The Governance Game (for trustees) and a Fundraising drop-in session during Small Charities week.



REACH



Increased Understanding of VCS Need

The 'State of the Sector Survey' and follow up discussion groups took place with an initial summary report. The main challenges for the Solihull VCSE are:

- · Accessing funding
- · Volunteer/trustee recruitment
- Governance issues such as group structures and policies
- Increasing demand on the VCS due to cutbacks in support services.



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Good quality volunteer experiences and celebrating volunteering

CAVA facilitates the Volunteer Managers' Forum which is a network that encourages collaborative working through sharing good practice around volunteer management, promoting and signposting volunteer opportunities.

CAVA has produced promotional material for the Forum and has also developed a trustee recruitment portal to enable the matching of potential trustees to vacancies.

In conjunction with Seeds of Hope, the contribution of local volunteers was celebrated during Volunteers Week.

ACHIEVEMENTS



Groups from across Solihull have been supported on a 1:1 basis

£27k

Raised through Corporate Social Responsibility (CSR) donations

420

420

Active readers of our weekly e-bulletin



Strengthening Networks and Partnerships

Solihull Metropolitan Borough Council (SMBC) Councillors approved a proposal to reopen part of the old community centre in Kingshurst and bring the ground floor into use as a temporary community space. The 12 month pilot is to help shape plans for a permanent venue within the wider Kingshurst development.

CAVA chairs the Kingshurst Space steering group which is made up of residents, councillors, the local authority, other community centres, voluntary and community sector organisations and faith groups. The steering group has been developing processes to get the centre back into use, the building has been re-decorated by residents and the Princes Trust, and already used for a well attended theatre production, open days, SMBC communication sessions for the Kingshurst Development, a DJ workshop and community events.

Case Study: One Day at Christmas

Solihull Metropolitan Borough Council (SMBC) is committed to Social Value through their commissioning processes and our contract with SMBC enables us to focus on brokering relationships between businesses and the community. One of the key events facilitated by our Corporate Social Responsibility (CSR) lead was the 'One Day at Christmas' event.

The event (aimed at elderly people living alone or in a care home) brought together 450 local residents to enjoy a free Christmas party hosted by London-based business Mash Media at the NEC in Birmingham.

Our CSR lead liaised with the event organisers and contacts at 20 local organisations to bring the required number of people together and to make the event happen.

'A blast and the best one yet!'

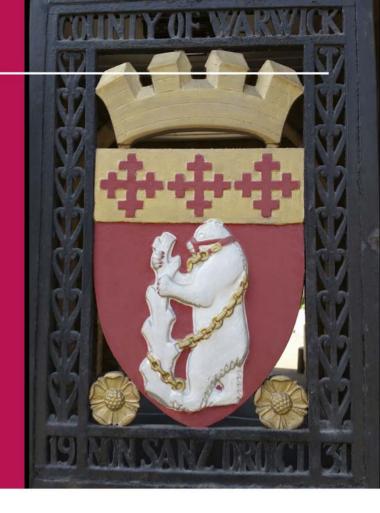
The event first ran in 2017 and has grown by the year, supported by CAVA. Mash Media have subsequently asked for CAVA's help in making the event even bigger in years to come.

Warwickshire Infrastructure

We are contracted to deliver infrastructure support to groups across Warwickshire by Warwickshire County Council (WCC), Nuneaton and Bedworth Borough Council (NBBC), North Warwickshire Borough Council (NWBC), Rugby Borough Council (RBC) and Warwick District Council (WDC).

In the past 12 months 630 unique organisations have received support from us on 1,465 specific activities. including supporting 46 new services. In addition, 1,203 organisations have been supported and upskilled when engaged at workshops, training and events we have held and contributed to.

We have advised 233 organisations on funding and supported 130 applications since April 2019. £30,937,548 was applied for and £855,191 has been awarded. Through sitting on advisory funding panels, we oversaw a further £247,011 brought into Warwickshire.



Great guidance and feedback on our grant applications.

Insights and guidance that have now gone into our skill hank for next time.

- CAVA Service user

North Warwickshire Meet the Funder Event



North Warwickshire Meet the Funder event

After becoming aware of various funding streams that were opening up we thought this would be a good opportunity to put together a 'Meet the Funder' event to inform our groups.

After a discussion we decided we would be able to get together some interesting funders to facilitate an event.

We knew that there had been fewer applications from groups in North Warwickshire to Groundwork, so staff were keen to come along to promote their various funding streams. In addition we also had the Grants Officer from Heart of England Community Foundation and the National Lottery Community Fund to talk about Reaching Communities and Awards for All

ACHIEVEMENTS

630
Unique organisations

have received support

£31m

Funding applications supported

113

Events held, plus 171 events contributed to, reaching 7,802 people



Case Study: Stour Health & Wellbeing Partnership

The Stour Health and Wellbeing Partnership and Executive Committee (EC) had met several times before they got in touch with CAVA to see if we could help provide advice on governance for the emerging partnership.

In speaking to the partnership it became evident that CAVA could also advise and guide on several aspects of the partnership's formation as well as governance.

CAVA led on a workshop type piece of work with the EC looking at key elements of successful partnerships and collaborative working. This was followed up by attending the EC and liaising with Trevor and associated people.

The Outcomes

To date CAVA have guided and supported Stour Health and Wellbeing Partnership on the following:

- The structure and legal status options it had
- The setting up of a Charitable Incorporated Organisation
- Completed a draft Governance document
- To collaboratively create a MOU for partner sign up
- Advised the prospective Chair of the Trustee Board
- · Completed a Scheme of Delegated Responsibilities for the CIO
- Completed role descriptions for key positions
- Terms of Reference for EC and Workstream groups.

Big Local

Big Local is an exciting opportunity for residents in 150 areas around England to create lasting change in their communities; each area has had at least £1m to use over 10 years.

In Warwickshire we have two Big Local Areas, Hill Top and Caldwell in Nuneaton, and Ansley, Old Arley and New Arley in North Warwickshire. Each Area is around 5 years through the programme; we act as their 'locally trusted organisation' to administer and account for the distribution of the funds and employ 5 members of staff on behalf of the resident-led Partnerships.

REACH

Delivering the programme...

£1m

To create lasting change in each of the Big Local areas

150
Neighbourhoods
across England

10yrs

To plan and deliver change

Big Local areas in Warwickshire



Hill Top and Caldwell Big Local

2019 saw the end of one Plan, and the start of a new one with refreshed community priorities in 'HTC'. The summer saw community venues benefiting from lifesaving equipment, capital improvements that reduced costs and increased safety.

The year also saw a range of family and young people focused activities, aimed at bringing the community together, increasing aspirations and giving young people new things to get engaged in locally. We helped the Partnership to organise an outdoor cinema, showing 'The Greatest Showman' in April, then August saw its best ever attended event - a free Family Fun Night in the grounds of George Eliot School. Comprising of inflatables, rides, games, snacks, relaxation and fun activities, the event attracted 642 residents; the promotion via social media saw interaction with posts reaching over 11,000 and to date has proved our most popular engagement activity.

'Things for young people to do' always comes out as the most important thing for HTC residents; so the Partnership invested in a range of activities for children and young people. From working with Nuneaton and Bedworth Leisure Trust on sports activities and park clean ups to create more pride in the area, to commissioning Wild Earth to run youth groups and run nature and bush craft sessions with 22 residents and families.





Hill Top and Caldwell Big Local Cont'd

The Partnership have prioritised reducing financial pressures on families, so they also supported free or subsidised activities throughout the school holidays. They supported the travel costs of a trip to Alton Towers for students from Oakwood School and they also teamed up with Everyone Active and Nuneaton and Bedworth Leisure Trust to offer 200 free vouchers for either soft play or swimming sessions.

Reducing isolation and loneliness among older residents is also important in HTC, so at Christmas 40 residents were invited to a free festive afternoon tea where their ideas and thoughts about how best the HTC could support them, and on what, were gathered.

One of the Big Local programme outcomes is that people will have increased skills and confidence, so that they continue to identify and respond to needs in the future. One of the Partnership members, Elaine, took this to the next level and began a campaign around fee-paying cash machines. She calculated that residents in HTC were losing between £78-£312 each year; Elaine had work tirelessly on this, seeing her research presented to a Parliamentary Select Committee, highlighting the importance of free-to access ATMs. Elaine has been nominated for a national campaigning award.

Supporting the wider voluntary and community sector to engage with Big Local is important, that is why we supported the Partnership to embark on an ambitious commissioning process; 23 expressions of interest were received and 11 were invited to submit tenders. Unfortunately COVID-19 put pay to progressing this, but they do hope to restart this in the Autumn. Additionally 17 projects totalling £32,500 were funded through the 'Pot of Gold' small grants scheme.

Arley and Ansley Big Local

This year saw the rebranding from the 'Levs' Big Local to Arley and Ansley, with a new logo created in consultation with the community.



Residents in the villages have always been keen to prioritise activities that ensure children and young people are valued and able to reach their full potential, so there is a strong focus on services for younger members of the community and their families in Big Local.

Dedicated Youth and Family Workers are responsible for leading a range of activities, engaging with over 130 young people over the year, 56% were under 12 years. They have been supported by local volunteers, and Big Local has invested in their personal development by helping them achieve a Level 2 in Youth Work.





OMG it was good!

I really enjoyed made I really enjoyed meeting new people.

- Local Resident

Arley and Ansley Big Local Cont'd

Youth Club activities have included arts and crafts, games, sports, team building, cooking, STEM challenges, slot car racing and issue-based work such as healthy eating, drugs and alcohol, knife crime, relationships and sex education. A young-person led planning group has seen them organise their own fireworks fundraising event which welcomed over 350 attendees; so far they have raised over £1,000 for a residential trip.



"

I learned how to be careful with my money.

- Youth Club Participant

ACHIEVEMENTS 20 Youth Club Sessions Dinner and Dropin' sessions for over 12s Trips, to Twin Lakes and Conkers



Arley and Ansley Big Local Cont'd

Community events are a great way to engage the community and let everyone know about Big Local. So, on top of those provided for children and young people, a further 10 events were organised, with nearly 900 residents taking part. The Festival of Flight has been a popular spectacle over the last few years, and 2019 was no exception with around 250 visitors, and activities including kite flying, model aircraft demos and lessons and a fly-past. Similarly, the Scarecrow Trail is now a firm annual favourite, which saw 125 households display their crafty efforts!

On behalf of the Partnership we commissioned North Warwickshire Citizens Advice to provide a range of targeted interventions and sign posting that would be easily accessible to residents, specifically around welfare rights, debt and employability. Over the first period of the project they supported 30 residents with over 60 issues, which led to a total annualised increase in household income of nearly £28,000.

The Partnership also asked us to facilitate a small grants programme, with 5 projects supported to the value of £28,000, from helping to produce a local newsletter, a new woodworking start-up, a community nursery and the Old Arley Sports Centre.

'Thank you very much for your help in us being awarded a grant from the Big Local Community Chest. It will be very much a life saver.'

- Small Grant Recipient



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ConnectWELL™

Our dedicated project supporting individuals and healthcare professionals to connect with the vast array of local Community and Voluntary sector based activities. The aim is to improve health and wellbeing, so we regularly connect people with advice and information services, community groups, leisure activities, lunch clubs, self-help groups, specialist interest groups, sporting activities, and lots, lots more.

REACH

Programme statistics...

58%
Of patients looking for a new challenge or purpose

Activities prescribed per person

51%
Increase in the number of referrals this year

98%
Of patients would recommend the service



ConnectWELL Cont'd

The scheme has been extended to lonely and isolated people across Warwickshire, with 5 more GP Practices in Nuneaton and a further 12 health related teams and organisations across the county engaging with the project. Social prescribing has increased in prevalence on the national agenda, and through the newly created Primary Care Networks, Rugby Health PCN outsourced their provision of social prescribing link workers to ConnectWELL, as they identified the experience and merits ConnectWELL had to offer in this field. This pathway commenced in November 2019.

I feel back on track and found the telephone appointment to be professional and helpful. I look forward to working with ConnectWELL as they continue to support me.

- ConnectWELL Service User





ConnectWELL Cont'd

ConnectWELL are supporting people across Coventry and Warwickshire with several pathways to improve health and wellbeing for certain populations, including High Intensity Users of Accident and Emergency or West Midlands Ambulance Service; and those with Chronic Obstructive Pulmonary Disease (COPD) through the RIPPLE (Respiratory Innovation: Promoting a Positive Life Experience) project run in partnership between NHS CWPT and Coventry University and through Take a Breath (TAB) in partnership with Rugby's Myton Day Hospice, SWFT Community Matrons, and UHCW NHS Trust Department of Spiritual Care.

In this reporting year, over 1,000 hrs of volunteer time and expertise has been donated to ConnectWELL across the varying pathways and multiple roles such as Navigator, Health Buddy, and Voluntary and Community Sector Administrator.

Case Study: ConnectWELL

The patient took to the gardening straight away, and also began using the Hub cafe. After only 2 buddied sessions, she felt able to go alone and shortly after, came into the office to inform us that she had also been to Aqua Fit alone, which was massive progress for her. Since then, the Hub has begun gardening projects for other voluntary organisations and this has even seen our patient come back to our premises to tend our own garden as part of the group. She is in her element gardening and has come under the wing of staff at the hub, which she visits regularly.



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Linking Futures

CAVA successfully secured legacy funding from the National Lottery Community Fund, enabling continuous delivery of youth employment support after the successful Talent Match programme completed in March 2019. The legacy programme 'Linking Futures' provides support to unemployed young people 18-29 who are living in Nuneaton & Bedworth and North Warwickshire. Young people joining the programme are those furthest from the workplace, often requiring support to overcome multiple barriers to employment.

Linking Futures provides young people with a tailored package of support which includes being matched with a personal mentor/coach for up to 12 months. Participants are supported to increase in confidence and develop their skills through a range of well-being and employability provision. At the end of their involvement, young people should be equipped to make the most of the opportunities that are available to them.



REACH

On joining the programme...

Say that they

are experiencing mental ill health

71%

Say that they

have recently felt

lonely and isolated

Have experienced alcohol dependency

Have experienced

homelessness

Linking Futures Cont'd

Over the last twelve months, 43 unemployed young people have been supported. 11 young people managed to secure employment and all participants achieved at least one positive outcome. A significant number of young people have developed in confidence and over 80% of young people felt as though they were now closer to the workplace. Individual success stories highlight how young people have overcome the barriers and challenges in their lives in order to secure positive progression pathways.

Linking Futures has helped me so much. A lot has happened to me personally and I really needed the support at this difficult time. I am now in a much better place and I am looking forward to continuing my journey into work.

- Linking Futures Participant





Case Study: Linking Futures Participant

Jamie, 24, from Nuneaton* has a bright future ahead of him after securing permanent employment with a respected national tyre manufacturer.

Jamie dropped out of college at the age of 17 as he was putting himself under too much pressure. He would get stressed and anxious in exam conditions and this was having a negative impact on his mental health. At the same time Jamie also found himself effectively homeless as he was now sleeping on a friend's sofa.

Jamie was referred to Linking Futures by a homeless charity. At this point he had been out of work for 8 months. Previous to this Jamie had a series of zero hour contracts but no sustainable hours.

Jamie accessed support from his mentor to develop his confidence and started volunteering to improve his social skills. Once his confidence had increased, Jamie was supported to look for employment and he was kitted out with appropriate interview clothing.

Although Jamie has a long-term goal to work within an office environment, time became even more critical as recently Jamie found out he was the father of an 8 month old son who he wanted to provide for. The role Jamie has secured may be considered entry level but he says:

'I really needed this break after a bad run, I am finally in a secure job and things are looking up for me. Although I don't necessarily see this job as part of a long-term career, with a permanent job and full-time hours I can now provide for my son and enable my partner to continue her studies.'

Linking Futures are continuing to work with Jamie so that he can achieve some of his longer-term career goals.

Rugby Transport Service

During 2019-20 we continued to host the Rugby Transport Service which works as part of Warwickshire Voluntary Transport.

A partnership of voluntary sector community transport operators, they ensure that vulnerable people without access to transport can be supported by a dedicated team of experienced volunteer drivers who, using their own vehicles, provide door to door transport to a wide range of health and social care destinations.

As of April 2020 the scheme will transfer to Voluntary Action Stratford-on-Avon (VASA) who will ensure Rugby residents continue to access transport support to a wide range of health and social care services.

You have helped me greatly and I think it's wonderful for people in the same situation as me.



UNRESTR	ICTED	FUNDS
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	2019/20	2018/19
	£	£
Income Expenditure (incl. transfers)	725,403 (<u>759,024</u>)	651,954 (<u>658,843</u>)
Surplus (Deficit) - Retained	(33,621)	(6,889)

DESIGNATED FUNDS

	2019/20 £	2018/19 (As Restated)
Income (incl. transfers) Expenditure	20,241	0 <u>(13,419)</u>
Surplus (Deficit) - Retained	20,241	(13,419)

RESTRICTED FUNDS

	2019/20 £	2018/19 £
Income Expenditure	389,772 (605,318)	1,367,797 (1,126,570)
Surplus (Deficit) - Retained	(215,546)	241,227

Financial Summary

BALANCE SHEET at 31 March 2020

	2019/20	2018/19 (As Restated)
	£	£
FIXED ASSETS		
Property	458,211	364,300
Other	14,517	16,406
	472,728	380,706
Current Assets less Liabilities	517,812	845,349
NET ASSETS	990,540	1,226,055
Unrestricted Funds - General	315,264	348,885
Unrestricted Funds - Designated	24,548	4,307
Restricted Funds	448,211	663,757
Endowment Funds	202,517	209,106
TOTAL FUNDS	990,540	1,226,055

The financial Summary figures in this review have been extracted from the full audited accounts. A copy of the full audited accounts are available from www.wcava.org.uk/annual-reports



Membership

What does being a Member involve?

CAVA is a registered charity but it is also a limited company and so being a member is a bit like being a shareholder in a company anywhere. Like a shareholder, you will not run the Company on a day-to-day basis.

As a member, you delegate this role to a Board of Trustees who will be responsible for running the Charity. The Board will be expected to keep you up-to-date with its decision-making.

The Board of Directors has an obligation to call a General Meeting at least once a year, involving all the members. At this meeting members will be asked to decide on things like voting on resolutions put by the board, electing the directors to the board, electing the auditors, and approving the accounts.

Membership Benefits

- List your organisation on the Warwickshire & Solihull Community Directory for FREE
- List your available venue/meeting space for hire on the Venue Directory for FREE
- Discounted rates and priority bookings for training, events and meeting room hire
- Have voting rights at our Annual General Meeting
- Access to our online Resource Library
- And best of all, membership is FREE!

To find out more about becoming a member, or to see if your organisation has already registered, please visit: www.wcava.org.uk/membership



Scan this code with your smartphone QR reader to register as a member online.

Thank you...

We are extremely grateful to all those local communities, individuals and funders who have pledged their support and given generously. We would especially like to thank the following for their kind support:

- Big Lottery Fund
- Coventry and Rugby CCG
- Esmee Fairbairn Foundation
- Local Trust
- North Warwickshire Borough Council
- Nuneaton & Bedworth Borough Council
- Rugby Borough Council
- Rugby Health Network

- Solihull Metropolitan Borough Council
- South Warwickshire CCG
- Stratford District Council
- University Hospital Coventry
 Warwickshire NHS Trust
- Warwick District Council
- Warwickshire County Council
- Warwickshire North CCG

Equality Statement

If you require this publication in a different format or language, please contact us on **01926 477512**, email: **information@wcava.org.uk** or write to the address below:

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Acknowledgements

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Kate MorrisonChief Executive

Looking to the future

It is just a year since I took over as Chief Executive of CAVA - and what a year it has been for us all! However like the Voluntary and Community Sector (VCS) as a whole CAVA is exceptionally resilient and looking forward to the future with hope and anticipation.

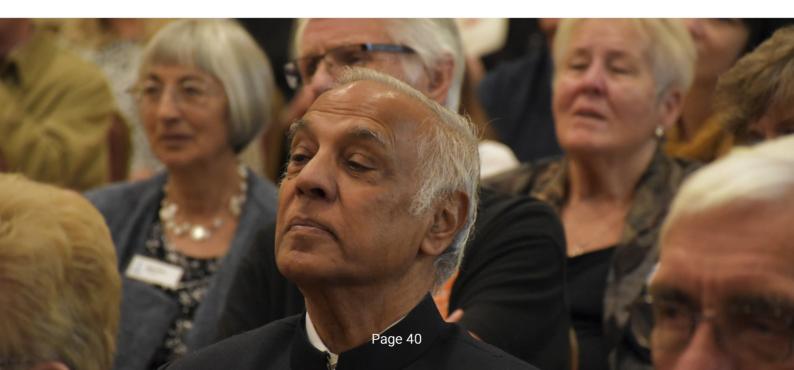
We have in place an exceptional Senior Management Team and a new staffing structure which has enormous skill, energy and enthusiasm that will enable us to continue to deliver high quality support to groups and volunteers across Warwickshire and Solihull for which CAVA is renowned. I am delighted to report that Warwickshire County Council (WCC) has extended our existing contract until March 2022 which provides us with a period of stability and the opportunity to work in partnership with them and others to support the VCS through this period of recovery and at a time when the sector has never been more needed. Solihull Metropolitan Borough Council has also announced additional funding until 2022 for CAVA to provide volunteering support to groups and individuals. Volunteering is the life blood of the VCS and our communities, going forward we are putting more resources into delivery, recognising the need for easy access, flexibility and greater innovation to enable even more people to participate at a time and a place (virtual or otherwise) that is right for them.

MESSAGE FROM OUR CHIEF EXECUTIVE

Looking to the future Cont'd

During these times of economic uncertainty, our projects ConnectWELL, Big Local and Linking Futures continue to provide front end services to the community, embracing digital technology and adapting services to meet changing needs such as community support projects, delivering food and resources and providing telephone befriending services to those experiencing isolation. We remain optimistic that funding applications delayed by the pandemic will materialise and enable such support to continue.

A heartfelt thank you from me to all staff, volunteers and trustees for their support and hard work which enables CAVA to embark upon the year ahead in a sustainable position and to look forward positively to the future despite the challenging times in which we live.





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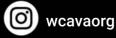
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